

# SPECTRUM INSTITUTE NEWSLETTER

March 2026 / Vol. 5 Issue 1



## A Message from The Board

Dear friends and colleagues,

As we look ahead to the coming year, we are excited to prepare and possibly launch new initiatives that deepen our commitment to advancing the Spectrum of Teaching Styles worldwide. Our MOOC platform is almost complete, many book translations are on the way, several grant programs are now open to applicants, and the 1<sup>st</sup> international conference dedicated to the Spectrum is just around the corner. We are committed to expanding our support in research promotion, expanding our professional-learning programs, develop new initiatives to educate teachers in applying the Spectrum across diverse contexts, and, if possible, strengthen collaborations with educational or scientific organizations, schools, and universities. These initiatives reflect our mission to promote clarity, inclusivity, and pedagogical growth. Thank you for your continued support and understanding as we broaden the Spectrum's impact.

Sincerely,  
The SITL Board

Nikolaos Digelidis, President,  
Robin Deng-Yau Shy, Vice-President,  
Wei Feng-Min, Vice-President,  
Maria Espada, Vice-President,



Mark Byra, Treasurer,  
Autumn Rosencrantz, Executive Director  
Alecander Barton, Media Coordinator

## TOP NEWS

**2026 Conferences: SoTS and AIESEP**

**Spring Workshop Changes**

**Outstanding Article Award**

**Research Grants Closing**

**Braille, Spanish, Audio,  
and more!**

**Sara Ashworth  
Scholarship**

# 2026 Conferences and Workshops

## 1<sup>st</sup> International SoTS Conference in Greece

We're getting closer to our first international conference as the Spectrum Institute! We are excited to share and collaborate with other Spectrum of Teaching Styles (SoTS) educators, professionals, and colleagues and hope you'll be one of them.

We are hosting our first conference in Ancient Olympia, Greece - the birthplace of the modern Olympics. Beyond the doors of the International Olympic Academy is a unique landscape, meant to inspire and ignite an excitement for learning and sharing.

Our keynote speakers are Pamela Hodges Kulinna, Donetta Cothran, Marios Goudas, and Nigel Green. We're excited for you to have the chance to learn from them.

MAY 6-9, 2026

[SPECTRUM2026.COM](https://www.spectrum2026.com)

International Olympic Academy in Ancient Olympia



## The Spectrum of Teaching Styles Unites us Together



**SPRING WORKSHOP:**  
**MARCH 23<sup>RD</sup> 2026**

Presentations by:  
Kelly Simonton, Jamie Brunson,  
Ioannis Sympas & Kanae Haneishi

To join in on the online session, email us for a link at:  
[spectruminstituteboard@gmail.com](mailto:spectruminstituteboard@gmail.com)



2026 is bringing a busy schedule to the Spectrum Institute and its Board Members, and while we do not want to take away any of our important events, we have decided to condense the Spring Workshop to one day this year. It will be held on March 23rd, 2026.

Speakers who will not be able to participate in the Workshop will be presenting in other venues, such as our 1<sup>st</sup> International Conference in Ancient Olympia.

We highly expect your participation and the discussions all the audiences may bring in. If you cannot make the workshop this year, we will provide the recordings on our YouTube page shortly afterward.

## 2026 AIESEP World Congress

The Spectrum Institute Board is looking forward to the 2026 AIESEP World Congress. We will have our symposium and are happy to be funding graduates for the follow-up PhD Summer School for the next 10 years. It's an exciting new partnership. Join us in Taiwan in June!

And a big thank you to Robin Deng-Yau Shy and Wei Feng-Min for their work coordinating with AIESEP and NTNU to make AIESEP's 2026 World Congress a reality.

JUNE 15-19, 2026

[2026AIESEP.ORG](https://www.2026AIESEP.ORG)

At National Taiwan Normal University (NTNU)



## Outstanding Journal Article

The SITL Outstanding Journal Publication of the Year Award honors individuals who make a distinctive scholarly contribution to the Spectrum of Teaching Styles. The recipient(s) of the award will receive \$1,000 USD, payable to the recipient's university/institution. This award may be spent on academic-related activities.

Nominate for one of the two categories:

### Outstanding Research/Conceptual Article

A nominated article must:

- be published in a peer reviewed (refereed) journal;
- be a data-based research study or conceptual/theoretical paper;
- be specific to the Spectrum of Teaching Styles;
- be published during the calendar year identified;
- be written in English; and
- reflect a high level of scholarship.

### Outstanding Practical Article

A nominated article must:

- be published in a peer reviewed (refereed) journal;
- be a practical/applied paper
- be specific to the Spectrum of Teaching Styles;
- be published during the calendar year identified;
- be written in English; and
- reflect a high level of scholarship.

Today, **March 1<sup>st</sup>**, 2026 is the final day for nominations!



**Nominate an Article you think  
deserves to be recognized!  
You can even nominate your own**

LAST CHANCE

## Research Grants Closing Make your submissions now!



The deadline to apply is **March 30<sup>th</sup>**, 2026

We have \$5,000, \$10,000, \$15,000, and \$25,000 Grant Award Categories

The Spectrum Institute for Teaching and Learning (SITL) funds multiple research grants annually specific to research conducted around the Spectrum of Teaching Styles. Each recipient of a SITL research grant will receive a financial award to conduct a proposed research study. The purpose of these research grants is to promote and enhance scholarship in relation to the theoretical constructs of the Spectrum of Teaching Styles. Studies may be conducted in any school subject-matter area (e.g., physical education, elementary classroom, secondary mathematics, etc.). The selection of the grant recipients is a competitive process. All application materials must be completed in English.



# Sara Ashworth Graduate Student Assistantship-Scholarship Awards



## What and for Whom?

- For graduate students pursuing a doctoral or master's degree
- An award will fund costs associated with the completion of the degree at the given graduate student recipient's university
- Fundable items include stipend, tuition and fees, fringe for university, escalation from year to year, and costs associated with the student's Spectrum research
- Funding for a master's degree up to 2 years and doctoral degree up to 4 years
- Required outcomes of an award recipient include presenting and publishing Spectrum research

## Academic Advisor

- Criteria to serve as an academic advisor of an assistantship-scholarship recipient includes an established record of Spectrum research and teaching the Spectrum.
- An academic advisor will receive an annual stipend while overseeing an assistantship-scholarship recipient.

## Braille, Spanish, Audio, and More!

We now have 9 copies of Teaching Physical Education in **English braille** available upon request. We also have an **audiobook** version on our website.

We also have **translations** of our book coming up this year, and some are out already. Check out the Traditional Chinese, Turkish, Italian, Japanese, Portuguese, Spanish and Greek. We're hoping to add Russian and Hindi in the future.

The **Spanish** version of our **online MOOC courses** has now launched! Check out the same quizzes and classes now in Spanish.

**Click to APPLY NOW!**



## Remembering those who made it possible

*Muska Mosston, Sara Ashworth, and Alexander "Sandy" Lankler*

The Spectrum Institute would once again like to thank Alexander Lankler and our own dearly departed Dr. Sara Ashworth whose generous funding has made all of this possible.

We would also like to thank and remember Drs. Muska Mosston and Sara Ashworth for their tireless work in creating and spreading the knowledge of the Spectrum of Teaching Styles with the world.



*We thank them from the bottom of our hearts.*

**Ensure you don't miss out by following us on socials and signing up for our mailing list.**



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